If you feel sick or have been in contact with someone who has tested positive for COVID-19

**STEP 1**
Self-isolate/quarantine; include exposure information in Mason COVID Health™

**STEP 2**
You will receive a detailed email from Mason COVID Health™; follow the instructions completely; be sure to notify your instructors/supervisors

**STEP 3**
Get tested: if you have symptoms, testing can be done immediately; otherwise wait 5–7 days from contact date to get tested; update your Mason COVID Health™

**STEP 4**
Positive result

**STEP 5**
Isolate for 10 days from test date and/or symptom onset (whichever is longer)

**STEP 6**
Follow the guidance of your doctor

**STEP 7**
Be ready to return when you have no symptoms and have completed your isolation/quarantine period

With GREEN Mason COVID Health™, you may come to campus

Negative result + NO contact with positive person

Negative result + contact with positive person

Negative result

**FOR STUDENTS COMING TO CAMPUS THIS SEMESTER:**

Source: Centers for Disease Control and Prevention, Virginia Department of Health

You are required to complete the Mason COVID Health™ daily!

https://healthcheck.gmu.edu

QUESTIONS? Email COVID19@gmu.edu
If you feel sick or have been in contact with someone who has tested positive for COVID-19

Source: Centers for Disease Control and Prevention, Virginia Department of Health
If you feel sick or have been in contact with someone who has tested positive for COVID-19

FOR INSTRUCTORS/FACULTY COMING TO CAMPUS THIS SEMESTER:

You are required to complete the Mason COVID Health™ daily!

https://healthcheck.gmu.edu

Questions? Email COVID19@gmu.edu